

# **Nutrition Facts**

## **Valeur nutritive**

Serving Size: 1 packet (23.5 g)

Portion : 1 sachet (23.5 g)

<b>Amount</b>	<b>% Daily Value</b>
<b>Teneur</b>	<b>% valeur quotidienne</b>

---

**Calories / Calories 80**

---

**Fat / Lipides 1 g 2 %**

---

Saturated / saturés 0.4 g 2 %  
+ Trans / trans 0 g

---

**Cholesterol / Cholestérol 5 mg**

---

**Sodium / Sodium 80 mg 3 %**

---

**Potassium / Potassium 170 mg 5 %**

---

**Carbohydrate / Glucides 4 g 1 %**

---

Fibre / Fibres 1 g 4 %

---

Sugars / Sucres 2 g

---

**Protein / Protéines 16 g**

---

Vitamin A / Vitamine A 0 %

---

Vitamin C / Vitamine C 0 %

---

Calcium / Calcium 20 %

---

Iron / Fer 8 %

---